

BARBARA D. TWARDUS, CAA - Washington
1985
Conference Site: Anaheim, CA
6th NIAAA President

Barbara Twardus, was the first President from Washington State.

Barbara began her involvement with the NIAAA by serving on the original organizing committee. As the NIAAA was launched, Barbara served as the first Chairperson of the Political Action and Resolutions Committee, from 1978 to 1982. She later was elected to the NIAAA Board of Directors, and was ultimately named as NIAAA President.

Barbara was literally the last of the active members of the original organizing committee to serve as President. As the NIAAA developed rapidly, virtually all of the policies, procedures, and operational matters were not recorded for easy reference. In fact, most of how the organization functioned was carried in the minds of those that had developed and served the organization. Therefore, Barbara felt it was critical, and a primary goal, to begin a document with the vital working policies, procedures, and operational matters before memories began to fade. Barbara developed the beginning of the first POP *Manual* by introducing a skeletal manual with key topics, explanations, and the numbering system currently in use with the manual. During Barbara's tenure as President, three members were appointed as a special working committee to complete the manual, by reviewing, researching, and writing the first completed POP *Manual*, to be carried over into subsequent generations of NIAAA leadership. Dave Martens, John Youngblood, and John Klement were the three individuals named who did a tremendous amount of work. Tom Frederick provided much additional information and guidance during the development process. The general purpose of the manual was to provide a most valuable resource for each incoming class of NIAAA leadership, fulfilling its envisioned purpose, and being updated annually.