

Fred P. Balsamo, C.M.A.A.
Certified Master Athletic Administrator

Permanent Address:
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PRESENT POSITIONS:

Connecticut Association of Athletic Directors - Executive Director
Connecticut Coaching Education Program - Director

EDUCATION:

CMAA, Certified Athletic Master Administrator
National Interscholastic Athletic Administrators Association
Certification Program Graduate 2004

Sixth Year, Professional Diploma – Administration and Supervision (092)
Southern Connecticut State University – 1984

MS, Master of Science Degree – Physical Education for the Handicapped
Southern Connecticut State University – 1976

BS, Bachelor of Science Degree – Health, Physical Education and Recreation
Southern Connecticut State University – 1974

HS, High School Diploma
North Haven High School – 1970

WORK EXPERIENCE:

Director of Athletics, East Haven Public Schools, East Haven, CT 1996-Present
Responsibilities are the administration and supervision of all K-12 Athletics, Intramurals and Curriculum Development for K-12 Health and Physical Education.

Director of Athletics & Student Activities, Middletown Public Schools, Middletown CT 1979-1996
Responsibilities were the administration of all K-12 Athletics, Intramurals, Physical Education, Student Activities and Health Programs. **During this time period Woodrow Wilson High School and Middletown High School Merged. The number of athletic offerings doubled and girls' sports achieved equity. Numerous State Champions were achieved. There were two renovations projects upgrading both the outdoor and indoor facilities.**

Coaching Certification Instructor, CAS/CIAC 1989-Present
Developed the States first 45 clock hour course curriculum for the purpose of meeting the State Department of Education requirement for coaching Certification

Director of Youth INTERACT, City of Middletown 1976-1984
Responsibility for an evening educational program for students grades 6-8

Physical Education instructor – Woodrow Wilson Middle School, Middletown CT 1975-1984
Various Coaching Positions in the sports of Football, Basketball, Track 1973-1979

PROFESSIONAL EXPERIENCE:

State Department of Education Liaison

- 1997 – present Development of Coaching Education Certification Curriculum
- 1997 – present Development of CEU Standards for 15 hour Coaching Requirement

East Haven Public Schools

- 1997 – 2007 School Safety Chairperson

Middletown Public Schools

- 1994 – 1996 School Safety Chairperson
- 1994 – 1996 After-School Grant Manager
- 1986 – 1996 Curriculum Development Committee
- 1986 – 1996 Professional Development Committee
- 1984 – 1996 Teacher Evaluation Committee
- 1982 – 1983 High School Merger Committee

National Interscholastic Athletic Administrators Association (NIAAA)

- 1996 – Present Leadership Training – National Faculty
- 1994 – 1998 National Federation of High Schools Advisory Council
- 1990 – 1999 Chairman of Fundraising Ad Hoc Committee
- 1989 – 1990 President
- 1988 National Conference Speaker – Las Vegas, San Antonio
- 1987 – 1991 Board of Directors
- 1986 – 1987 Publications Committee
- 1984 – 1987 State Delegate
- 1985 National Conference Moderator

Connecticut Association of Athletic Directors (CAAD)

- 2006 - present Executive Director
- 1998 – present State Faculty Chairperson for Coaching Education Program
- 1991 – present CEU Manager
- 1987 - 1988 President
- 1986 – 1987 President Elect
- 1987 – present Michael's Achievement Cup Committee
- 1985 Secretary
- 1985 – 1992 Hartford Whaler Committee for Handicapped Athletes
- 1983 – present State Conference Chairperson
- 1983 – 1986 Sports Consultants Chairperson

Connecticut Association of Schools (CAS)

- 2004 – present CIAC Website Construction Committee
- 1989 – present Coaching Education Course Administrator
- 1991 – present Baseball Tournament Director
- 1987 – present Cooperative Team Committee
- 1987 – 1999 CIAC Eligibility Revision, Five "C" Policy Committee,
- 1988 - present CIAC Board of Control
- 1988 – 1996 CIAC Softball Committee

Northwest Conference League

- 1988 – 1996 League Secretary

East Haven Association of School Administrators

- 2006 – 2007 President
- 1998 – 2007 Negotiation Chairperson

American Red Cross

- 1980 – present CPR, First Aid and AED Instructor

ACHEIVEMENTS, AWARDS, COMMENDATIONS:

- 2013 New Haven Gridiron
“Hall of Fame”
- 2012 City of Middletown
“Hall of Fame”
- 2012 Connecticut High School Coaches Association
“Joe Fontana Distinguish Service Award”
- 2011 National Interscholastic Administrators Association
“Hall of Fame Induction”
- 2007 Connecticut Association of Schools
“Distinguished Service Citation”
- 2001 “Athletic Director of the Year” - Athletic World
- 1996 “Distinguished Service Award”- National Interscholastic Athletic Administrators Association
- 1996 “Distinguished Service Award”- Connecticut Association of Athletic Directors
- 1994-95 National Federation Advisory Committee Chairperson
- 1993 “Special Commendation”- Connecticut Association of Schools
- 1993 “Distinguished Service Award”- Southern Connecticut Football Alumni
- 1991 “Outstanding Contribution Citation”- National Federation of State High School
- 1991 “State Award of Merit”- Connecticut Association of Athletic Directors
- 1990 “Leadership Commendation”- National Interscholastic Athletic Administrators Association
- 1987 “Athletic Director of the Month”- August, The National Athletic Director Booster clubs of America Magazine
- 1986 “Outstanding Service Award”- Middletown Public Schools Administrators
- 1984 “Distinguished Service Award”- Southern Connecticut State Univ. Alumni
- 1981-88 President of the Southern Connecticut Football Alumni Association
- 1974 “Outstanding Physical Education Major”- Nomination, SCSU
- 1970-74 Varsity College Football Participant –SCSU
- 1966-70 Varsity High School Participant – Captain, North Haven High School

PROFESSIONAL AFFILIATIONS:

Member of: National Federation of State High Schools Association (NFSHSA)
National Interscholastic Athletic Administrators Association (NIAAA)
Connecticut Association of Schools (CAS)
Connecticut Interscholastic Athletic Conference (CIAC)
Connecticut Association of Athletic Directors (CAAD)
Connecticut High School Coaches Association (CHSCA)
American Red Cross

PUBLICATIONS AND PRESENTATIONS:

2013 Helping Coaches use Electronic Media, NIAAA Magazine
2006-Present Connecticut Association of Athletic Directors Webmaster
2004-2007 Development & Webmaster of East Haven Athletic Department Website
www.ehathletics.com
2002 Citizenship, New York State Conference Speaker
1998 Connecticut Coaching Certification Program, CAAD
1998-2008 LTC 503 Citizenship Program Author & Presenter, NIAAA
1996 Citizenship Through Sports and Fine Arts Curriculum, NFSHSA
1996 Developing a Coaching Philosophy, CHSCA Convention
1995 Utilizing Grant Funding, NFSHSA Conference Speaker
1994 Athletic Leadership, Massachusetts State Conference Speaker
1991 Fundraising Guidelines, Spring NIAAA Magazine
1987 Athletics vs. Employment, Spring NIAAA Magazine
1986 Athletic Facilities, New York State Conference Speaker
1977 Public Act 94-142, Health and PE convention Speaker

COACHING EDUCATION CURRICULUM'S AUTHORED

2013 Dealing With College Bound Athletes
2012 Dealing With Parents of Athletes
2011 Appropriate use of Electronic Media by Coaches
2010 Concussion Management and Neck Injuries
2009 Critical Incidents & Emergency Planning for Athletic Programs
2008 Roles and Responsibilities of a Coach
2006 Hazing, Harassment and Revocation
2004 CT State Rules and Regulations
2003 Safety Rules for Athletic Programs
2002 Communication, Public Relations & Organization for Coaches
2001 Developing a Coaching Philosophy
2000 Legal Aspects of Coaching